



RATTLEDEN GLIDING CLUB

Rattlesden Airfield, Bury St. Edmunds, Suffolk. IP30 0SX

Telephone: 01449 737789

www.ratair.co.uk

Declaration of Medical Fitness To Fly.

For the Pilot:

Full Name.....

Data Of Birth (day / month / year)...../...../.....

I understand the "Notes for the Pilot" printed with this certificate. I have discussed my medical history with my GP and have not withheld any relevant medical information from him / her. I believe that I am fit to fly as a pilot at the standard indicated by my GP below.

Signature of Pilot..... Date.....

For the General Practitioner:

I am the general practitioner of the applicant pilot named above and have seen his / her medical records. I have read "Notes for the General Practitioner" printed with this declaration and had access to any appropriate information sheets.

I am aware of the DVLA medical requirements for professional and private drivers and believe that there is nothing in the applicant's medical history which prevents him / her meeting the following standard:

Group 2 * (professional driving standard) for flight with passengers or solo

Group 1 * (private driving standard, modified, if necessary, from an information sheet) for flying solo or with another qualified pilot

* Please delete as appropriate

Signature of doctor..... Date.....

Please print name.....

Practise stamp:

Next medical assessment due on or before.....(please see notes)

Any special limitations (e.g. Aircraft modifications required due to physical disability).

Notes for the Pilot:

1. This medical fitness declaration must be signed by you, and countersigned by your GP, before your first solo flight and then at renewal intervals as noted. The minimum age for signing is one month prior to your 16th birthday (the minimum age for solo flying).
2. If you do not meet the Group 2 (professional) driving standards, but do reach the Group 1 (private) driving standards, you may only fly solo, unless your only passenger is also a pilot licensed to fly the aircraft and the aircraft is fitted with dual controls. This passenger will act as your safety pilot and should be briefed.
3. If you have any of the medical conditions listed in (4) below, you must provide your GP with a copy of the relevant medical information sheet. These information sheets are available from the British Gliding Association (BGA), National Pilot Licensing Group (NPLG Ltd), the British Microlight Aircraft Association (BMAA) or from the Civil Aviation Authority (CAA) web site

<http://www.caa.co.uk/srg/med/document.asp?groupid=305>

Your GP will not be able to countersign your fitness declaration until he / she has seen this information, and even then may need to refer to a National PPL Medical Advisor or BGA Medical Advisor as appropriate for further advice.

4. Medical disorders for which information sheets are available include: nervous system, heart problems, diabetes, psychiatric, vision, chest and breathing, epilepsy, drug / alcohol misuse and physical disability.
5. If you intend to go flying it is your personal responsibility as a pilot to be fit. Illness or injury, drug treatment, fatigue, pregnancy, medical procedures or surgical operations will usually cause temporary unfitness. If you are in doubt about your medical fitness you should stop flying, and seek advice from your GP or a National PPL Medical Advisor or the BGA Medical Advisor as appropriate.
6. After any serious illness or injury you must discuss your fitness to fly with a doctor. This may be your treating doctor, your GP or a National PPL Medical Advisor or the BGA Medical Advisor as appropriate. If any doctor advises that you are unfit, you must not fly until that assessment has been changed. The relevant information sheet (see (4) above) may help your doctor in this assessment. You should advise any doctor you consult that you are a pilot.
7. If you wear spectacles or contact lenses, a readily available pair of spectacles must be carried when flying.
8. **For NPPL holders only.** Your license is not valid without an in date copy of this medical declaration. It is for use only with the UK National PPL. A copy of the declaration must be sent to the appropriate National PPL administrative body (National Pilot Licensing Group Ltd for single engine piston aircraft and self-launching motorgliders, and BMAA for Microlights).
9. **For Glider pilots only.** You are not permitted to fly gliders solo in the UK without an in date copy of this medical declaration. A copy must be sent to your gliding club.

Notes for the General Practitioner

1. The medical requirements to fly gliders in the UK or to fly on a UK National Private Pilot's License are based on the DVLA driving standards. The latest version can be found on the DVLA website page:

http://www.dvla.gov.uk/at_a_glance/content.htm

2. If the applicant wishes to carry passengers or instruct in gliders, there should be nothing in the medical history which would prevent him / her reaching the DVLA Group 2 standards for professional driving. The only exceptions are monocular applicants and those with a high uncorrected visual acuity (please see separate vision information sheet, which the applicant will supply).
3. If the applicant does not meet Group 2 standards he / she may be fit to fly solo with another qualified pilot, but not with any other passengers. Such pilots must not have a condition which would prevent them meeting the DVLA Group 1 private driving standards.
4. Information sheets are provided for the following disorders: cardiovascular (two coronary artery and other heart disease), diabetes, drug / alcohol misuse, epilepsy, neurological, physical disability, psychiatric, respiratory and vision. If the applicant has a condition which falls under any of these headings and you have not seen the associated information sheet, you should defer the assessment until it is available.
5. If you have any doubts about an applicant's fitness to fly, if the information sheets do not cover a particular condition, or if the DVLA "at a glance" notes state that, for a particular condition, DVLA notification is necessary, a National PPL Medical Advisor, or in the case of glider pilots, the BGA Medical Advisor (not the DVLA) should be approached for advice. The applicant will provide contact details for the advisor associated with his / her type of flying, and will also be responsible for forwarding any relevant reports or investigations. Hopefully after discussing the case with the advisor, you will feel able to reach a decision and if possible countersign the pilot's declaration of fitness.
6. The minimum age for both Group 1 and 2 is one month before the applicant's 16th birthday to allow solo flying on that birthday if required. After initial issue, this medical declaration must be renewed as follows:

Until 45 th Birthday	No renewal
45 – 65 th Birthday	Five yearly
65 Years and over	Annually

7. Additional medical reviews may be required after serious illness, in the light of adverse clinical investigations, in circumstances when it is advised for road drivers or on the advice of a national Medical advisor or, in the case of glider pilots, the BGA Medical Advisor.